



OPTIMIST
INTERNATIONAL

page 4

THE OPTIMIST CREED

Promise yourself to be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best, and expect only the best.

To be just as enthusiastic about the success of others as you about your own.

To forget the mistakes of the past and press on to greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

Editor: Sam Junk

Club Officers

President: Charlie Pease charlespease@earthlink.net

Vice President: David Eller dbeins@sbcglobal.net

Secretary: Veronica Pease guthrie.v@gmail.com

Treasurer: Jim Ferrara jimferrara4@aol.com

Directors

Dick Brown rbrown522@roadrunner.com

Susan Pfleeger sjpfleeg@sdcoe.k12.ca.us

Mac McGrory dmcgrory@mlsmlaw.net

California South District Governor 2008-2009

Alma Vinson al-alma@sbcglobal.net

Lt. Governor Zone 2

Julie Mondragon j.tillinghast@cox.net

Club meets every Wednesday at 7 a.m.

Except on the 4th Wednesday of the month is a dinner meeting starting at 6 p.m.

District Web Site: www.calso.org

Optimist International

4494 Lindall Blvd.

St. Louis, MO 63108-2404

1-800-500-8130

Email: headquarters@optimist.org

Our New Member Patricia Tirona's Bio

My father was career Air Force; therefore, my family and I lived in many places, including Hawaii, before we settled in Solana Beach when I was in ninth grade. I attended Earl Warren Junior High School, San Dieguito High School, Palomar Junior College, and eventually graduated from San Diego State in Business Administration/Information Systems. I worked for several years for Logicon Corporation as a Computer Programmer.

I married in 1980 and raised my family in Carlsbad. As a stay at home Mom, I was active in many of the kids' activities, such as Cub Scout Den leader, Girl Scout Cookie Mom, PTA committee member, Choir Mom, and classroom helper. These activities gave me much pleasure, and I continue to draw on those experiences in my current position as Youth Librarian. When my children were grown, I divorced, changed careers, and eventually moved back to my childhood home in Solana Beach to help my Mom as she became more handicapped due to post-polio syndrome. She passed away two years ago, and we all miss her a lot.

My oldest son, Taylor, is twenty-seven, attends UCLA, and is studying a semester abroad in Buenos Aires. My middle son, Barret, 25, graduated from Cal Poly San Luis Obispo in May 2008 with a degree in Information Systems, and works in San Francisco. My daughter, Sinclair Noelle, turned twenty on Christmas day and she is working her "gap year" as assistant chef at Camp Stevens, a retreat camp for the Episcopal Dioceses of San Diego and Los Angeles, located in Julian. She plans to enroll at Mira Costa Community College next year.

I started working for the Solana Beach Library when it re-opened on the campus of Earl Warren Middle School in 2001. Within two years, I decided to go back to

library school. Last year I completed my Masters of Library and Information Science from San Jose State University. I have been the youth Librarian here at my middle school alma mater now for over two years.

Libraries today are more than buildings containing books and magazines. Libraries are community centers, and we provide fun and informative programs for the whole family, from babies to seniors, and everyone in between. One of my goals is to make the library a welcoming place for our youth. As a shared use library, I have the opportunity to provide special services to this future generation of library and information users. Collaborations with school and community organizations will strengthen our efforts, and together we can make a positive difference in the youth of our community.



Pat Becomes our Newest Member

Pat has also agreed to become our Publicity Chairperson. If you have items that make good publicity for our Club, please contact Pat. Her email address is pat.tirona@sdcounty.ca.gov or she can be reached at the Solana Beach Branch Library phone (858) 350-9642

Oratorical Contest Winners

Winners of the Oratorical Contest this year were all students from the Winston School. In the Boys Group, the winner was Justin Verity. The winner in the girls group is Eva Flores. Both Justin and Eva will now compete at the Zone contest in Carlsbad at 10:00 am on April 4th. Location is the Carlsbad Village Theater. Our judges this year were Ed McFadd, a retired school teacher, Sharon Gordon, a member of Toastmasters, and Martin Garrick, a current California Assemblyman. Our time keeper was Sue Anderson. Special thanks go to Warren Rapps for such an excellent job of setting things up the morning of the contest, making the coffee, picking up the food, and making sure all the duties for the program were handled correctly. Congratulations to the winners, and special thanks to all who made the program possible, particularly our Club President and the Oratorical Chairperson Penny Pease.

Comments from our oratorical speakers:

“...a study from Mayo points out that Optimistic people live 19% longer than pessimistic people”.

“.....no matter how many medicines you take, none of them can be effective unless you are Optimistic”.

Special Olympics

Special Olympics will be holding their contest on May 30th at the La Jolla High School. Several Optimist Clubs will help with the events. Our Club is looking for members who would also like to help. Please contact Charlie.



Mr. Dave Eller and Big 0 Birthday

Birthdays that come with zeros in them seem to be more important than other birthdays. We would like to wish our Past President and Golf Chairman, Mr. David Eller, a big Happy Birthday with a zero.



American Cancer Society Rep Ronnie Medina, our Children's Cancer Chairperson, Audrey Eller and President Charlie Pease

Ronnie Medina from the American Cancer society was the speaker at our March 11th meeting. Ronnie, a cancer survivor himself, talked about a program called ‘Camp Reach for the Sky’. This is a program serving pediatric patients and their siblings ages 4-18. This program is staffed by a group of volunteers who serve as aids to these kids at 3 different camps. One is a sibling camp, only for siblings of cancer children and it takes place from June 22nd to June 27th. The second is a day camp for cancer kids and it runs from July 20th – July 25th. The 3rd is a Resident Oncology Camp where the doctors participate with the cancer children. This runs from August 10 – August 15. Ronnie is looking for volunteers and donations for the 3 camps. If anyone is interested in in working with an energetic, dedicated group of volunteers who have fun, contact Pres. Charlie.

THE PREZ SEZ

March 2009

Well, we just added another member (#29) to our Club roster. Pat Tirona was sworn in last Wednesday, 3/4, and she's agreed to handle the publicity for the Club. With her connections to the school and library systems, we should have plenty to do this year. And, thanks once again to Dave, we have the money with which to do it. All we need is 2 more members to reach our goal of 31 for the year, and that's after we lost a few. The member who brings in #31 will win a special surprise gift from yours truly. And you've got 7 months to do it! Who will it be? What will the prize be? The Shadow knows.

The Essay contest is over! And the winner is..... I'll let Penny tell you all at the next meeting. Apparently, this winner has won before but not through our Optimist Clubs. Let's hope they choose our winner as the best in the District. And thanks again to Nativity School of Rancho Santa Fe for contributing 26 Essays to our Club contest. Next year we hope to have Earl Warren participating as well, thru the auspices of our new member, Ms. Tirona. The dinner meeting this last month at Chevy's left a lot to be desired. The food was bad (cold, tasteless) and we only had 10 members show up which didn't please the restaurant. I'm afraid our welcome there has been discontinued. That's the bad news. However, our resident angel, Dave Eller (or is it resident Devil?) has secured for us the Lomas Santa Fe CC for the rest of 2009! We have changed our dinner meeting nights to the third Wednesday of each month so they can accommodate us. So, the next dinner meeting will be on 3/18 starting at 6 P.M. Let's try and improve attendance at this one. One catch, they can't provide in July so, instead, we are thinking of having a BBQ potluck at our house that month. More about that later.

On a closing note, remember the Miracle baseball league's opening day will be on Saturday, 3/21 at San Dieguito Regional Park on Lomas Santa Fe, across from the Lomas Santa Fe CC. Starts at 9 A.M. with dignitaries, speeches, etc. Come cheer our team on! See ya all at the Oratoricals on Saturday 3/14 @ Calvary Lutheran Church. Starts at 9 with great refreshments from the Encinitas Club! And remember, "A wet bird never flies at night".

Charlie



Jim Ferrara, Audrey Eller and David Eller at the

Pack 734 Pinewood Derby

Jim, Audrey and Dave served as judges at the Pack 734 pinewood derby contest on Sunday March the 8th. The contest was held at the Solana Highland Elementary School. 35 cars competed in 10 design categories for a Trophy. 25 cars then competed for a Grand Trophy. There are 45 boys in Pack 734. This Pack was originally chartered by the Optimist Club of Del Mar/Solana Beach 23 years ago, with Jim Ferrara representing the Club.

Essay Contest

Contestants for this years Essay contest came from The Nativity Catholic School in Rancho Santa Fe. Between and 20 and 30 Essays came from the 8th Grade class at this School, under the direction of their teacher Kim Dixon. The topic this year, "the Power of Youth", brought some most interesting reading. Thanks to the judges, the 3 top winners were Jeremie Johnson 1st; Sarah Seiber 2nd; and Peter Dohoney 3rd. Look forward to reading the winner's Essay in next month's issue of the Newsletter.

The OptiNews

Del Mar/Solana Beach Optimist Club

Mar 2009

GOOD LUCK IN MARCH MADDNESS

Monthly Meetings

Mar 11 – 7 am at Denny’s - Robby Medina – from the American Cancer Society explaining cancer kids Summer Camps.

Mar 18 – 6 pm - Lomas Santa Fe Country Club
Laura withers from the Ronald Mc Donald House

Mar 25 – 7 am Surprise Speaker

Meeting Places: Denny’s

2203 Via de la Valle

Del Mar 92014

Lomas Santa Fe Country Club

1505 Lomas Santa Fe

Solana Beach

Miracle League Baseball

Our club has sponsored a Miracle League Baseball team called the Tampa Bay Rays. This group of challenged children play T-Ball, where they hit, run the bases, and are always safe. The next game will be at 2 pm this Saturday the 21st, at the San Diequito Park at Lomas Santa Fe and Highland on the North East corner. Take some time on Saturday to watch this rewarding event.



Oratorical



Contest



March 14, 2009

The club’s flagship Oratorical Contest was held on Saturday March 14 at the Calvary Lutheran Church. Six contestants from the Winston School competed (3 girls; 3 boys). Winners go on to the Zone contest which is held on Saturday April 4 from 10 – 1 pm at the Carlsbad Theater in Carlsbad. Winners of the Club Contest are listed on page 3. Congratulations to all the contestants.

“Unless you try to do something beyond what you have already mastered, you will never grow”